

SUN MON TUE WED THUR FRI SAT

LOCATION KEY
 ALL - All Locations
 AR - Assembly Room
 Ch 970 - Channel 970
 GA - Garden Activity Room
 GL - Garden Level
 PDR - Private Dining Room

All activities are subject to change

Outdoor Time is always available, weather permitting, upon request

New Year's Day
 9:30 Daily Chronicles (GL) **1**
 9:45 Daily Devotion (GL)
 10:30 Room Exercise (Ch 970)
 10:30 YouTube Bible Study for New Years Day (GA)
 1:00 New Year's Day Afternoon Snack (GL)
 3:00 New Year Hat Decorating (GL)
 3:30 Room Exercise (Ch 970)

9:30 Daily Chronicles (GL) **2**
 9:45 Daily Devotion (GL)
 10:00 Poetry Play for January (GA)
 10:30 Room Exercise (Ch 970)
 1:00 Exercise with Programming Staff (GA)
 3:00 Snowflake Scratch Art (GA)

9:30 Daily Chronicles (GL) **3**
 9:45 Daily Devotion (GL)
10:00 Music with Charlie Lopez (GA)
 10:30 Room Exercise (Ch 970)
1:00 January Birthday Party (GA)
 3:00 IN2L Brain Teasers (GA)
 3:30 Room Exercise (Ch 970)

10:00 Music with Howard Barnett (GA) **4**
 10:30 Room Exercise (Ch 970)
1:00 Family and Friends Trivia Day (GA)
 7:00 Saturday Evening Movie: Hallmark Channel 53 (ALL)

9:00 Prayer Service With Hans (GA) **5**
 10:30 Culpeper Presbyterian Church Service (Ch 970)
 11:00 Culpeper Baptist Church Service (Ch 970)
 2:00 Culpeper United Methodist Church Service (Ch 970)
 6:00 Mitchell's Presbyterian Church Service (Ch 970)

9:30 Daily Chronicles (GL) **6**
 9:45 Daily Devotion (GL)
 10:00 Exploring Earth (GA)
 10:30 Room Exercise (Ch 970)
 1:00 Exercise with Programming Staff (GA)
 3:00 Winter Hat and Mitten Watercolor Painting (GA)
 3:30 Room Exercise (Ch 970)

9:30 Daily Chronicles (GL) **7**
 9:30 Precious Blood Catholic Mass (AR-1st Floor)
 9:45 Daily Devotion (GL)
 10:30 Room Exercise (Ch 970)
 10:30 Winter Hand Massages (GL)
 1:00 Cornhole (GA)
 3:00 Bingo (GL)

9:30 Daily Chronicles (GL) **8**
 9:45 Daily Devotion (GL)
 10:15 Therapy Dog Visits (TL/MC/Lobby)
 10:30 Room Exercise (Ch 970)
 1:00 Elvis's Favorite Food Assembling (GA)
 3:00 Elvis Guitar Decorating (GA)
 3:30 Room Exercise (Ch 970)

9:30 Daily Chronicles (GL) **9**
 9:45 Daily Devotion (GL)
 10:00 Winter Keychain Craft (GA)
 10:30 Room Exercise (Ch 970)
 1:00 Exercise with Programming Staff (GA)
 3:00 Armchair Travel- Laos (GA)

9:30 Daily Chronicles (GL) **10**
 9:45 Daily Devotion (GL)
 10:00 Chair One Exercise with Katie (GA)
 10:30 Noodle Ball (GA)
 10:30 Room Exercise (Ch 970)
 1:00 Snowball Floats (GA)
 3:00 Painting Party (GA)
 3:30 Room Exercise (Ch 970)

10:00 Music with Laura (GA) **11**
 10:30 Room Exercise (Ch 970)
 1:00 Strawberry Milk and Cookie Pass for National Strawberry Milk Day (GL)
 7:00 Saturday Evening Movie: Hallmark Channel 53 (ALL)

9:00 Prayer Service With Hans (GA) **12**
 9:30 Culpeper Presbyterian Church Service (Ch 970)
 11:00 Culpeper Baptist Church Service (Ch 970)
 2:00 Culpeper United Methodist Church Service (Ch 970)
 6:00 Mitchell's Presbyterian Church Service (Ch 970)

9:30 Daily Chronicles (GL) **13**
 9:45 Daily Devotion (GL)
 10:00 Dolly Parton Documentary (GA)
 10:30 Room Exercise (Ch 970)
 1:00 Exercise with Programming Staff (GA)
 3:00 Snowflake Bookmarks (GA)
 3:30 Room Exercise (Ch 970)

9:30 Daily Chronicles (GL) **14**
 9:45 Daily Devotion (GL)
 10:00 Catholic Rosary Service (ACT-1st Floor)
10:30 History Presentation with Rick Britton (AR)
 10:30 Room Exercise (Ch 970)
 1:00 Paint Them Pretty- Nails Only (GL)
 3:00 Bingo (GL)

9:30 Daily Chronicles (GL) **15**
 9:45 Daily Devotion (GL)
 10:30 Bible Study with Hans (GA)
 10:30 Room Exercise (Ch 970)
12:45 Ladies Luncheon (PDR- 1st Floor)
 3:00 Balloon Swat (GA)
 3:30 Room Exercise (Ch 970)

9:30 Daily Chronicles (GL) **16**
 9:45 Daily Devotion (GL)
 10:00 Winter Jewelry Making (GA)
 10:30 Room Exercise (Ch 970)
12:45 Birthday Luncheon (PDR)
 1:00 Exercise with Programming Staff (GA)
 3:00 Hee Haw Showing (GA)

9:30 Daily Chronicles (GL) **17**
 9:45 Daily Devotion (GL)
 10:00 Chair One Exercise with Katie (GA)
 10:30 Kickball (GA)
 10:30 Room Exercise (Ch 970)
1:15 Trip to Generations Central at Culpeper Baptist Church (GL)
 3:30 Room Exercise (Ch 970)
 3:30 Train Your Brain- What did it cost?

9:45 Music with Adam Melia performing Nashville Standard (GA) **18**
 10:30 Room Exercise (Ch 970)
 1:00 Little Debbie Prize Bingo (GL)
 7:00 Saturday Evening Movie: Hallmark Channel 53 (ALL)

9:00 Prayer Service With Hans (GA) **19**
 9:30 Culpeper Presbyterian Church Service (Ch 970)
 11:00 Culpeper Baptist Church Service (Ch 970)
 2:00 Culpeper United Methodist Church Service (Ch 970)
 6:00 Mitchell's Presbyterian Church Service (Ch 970)

Martin Luther King Jr. Day **20**
 9:30 Daily Chronicles (GL)
 9:45 Daily Devotion (GL)
 10:00 Martin Luther King Documentary (GA)
 10:30 Room Exercise (Ch 970)
 1:00 Exercise with Programming Staff (GA)
 3:00 3D Tea Cup Centerpiece Craft (GA)
 3:30 Room Exercise (Ch 970)

9:30 Daily Chronicles (GL) **21**
 9:45 Daily Devotion (GL)
 10:00 Catholic Rosary Service (ACT-1st Floor)
 10:30 Room Exercise (Ch 970)
 10:30 Snow Jokes & Sayings (GL)
 1:00 Snowball Carnival Game (GA)
 3:00 Bingo (GL)

9:30 Daily Chronicles (GL) **22**
 9:45 Daily Devotion (GL)
 10:15 Therapy Dog Visits (TL/MC/Lobby)
 10:30 Room Exercise (Ch 970)
1:00 Winter Tea Party (GA)
 3:00 Cup of Tea Lacing Craft (GA)
 3:30 Room Exercise (Ch 970)
5:30 Music with Howard Barnett (GA)

9:30 Daily Chronicles (GL) **23**
 9:45 Daily Devotion (GL)
 10:00 Exercise with Programming Staff (GA)
 10:30 Room Exercise (Ch 970)
12:45 Men's Luncheon (GA)
 3:00 Armchair Travel- Macau (GA)

9:30 Daily Chronicles (GL) **24**
 9:45 Daily Devotion (GL)
 10:00 Chair One Exercise with Katie (GA)
 10:30 Room Exercise (Ch 970)
 10:30 Snowball Bowling (GA)
 1:00 Peanut Butter Sampling for National Peanut Butter Day (GA)
 3:00 Would you rather cards? (GL)
 3:30 Room Exercise (Ch 970)

10:00 Music with Michael Henry (GA) **25**
 10:30 Room Exercise (Ch 970)
 1:00 Snowman Coloring Contest (GL)
 7:00 Saturday Evening Movie: Hallmark Channel 53 (ALL)

9:00 Prayer Service With Hans (GA) **26**
 9:30 Culpeper Presbyterian Church Service (Ch 970)
 11:00 Culpeper Baptist Church Service (Ch 970)
 2:00 Culpeper United Methodist Church Service (Ch 970)
 6:00 Mitchell's Presbyterian Church Service (Ch 970)

9:30 Daily Chronicles (GL) **27**
 9:45 Daily Devotion (GL)
 10:00 Exploring Earth (GA)
 10:30 Room Exercise (Ch 970)
 1:00 Exercise with Programming Staff (GA)
 3:00 Sing-Along with Me (GA)
 3:30 Room Exercise (Ch 970)

9:30 Daily Chronicles (GL) **28**
 9:45 Daily Devotion (GL)
 10:00 Catholic Rosary Service (ACT-1st Floor)
 10:30 Chinese New Year Lantern Decorating (GA)
 10:30 Room Exercise (Ch 970)
 1:00 Paint Them Pretty- Nails Only (GL)
 3:00 Bingo (GL)

Chinese New Year **29**
9:00 Legos with Seniors- AG Richardson School (GA)
 10:30 Bible Study with Hans (GA)
 10:30 Room Exercise (Ch 970)
1:00 Chinese New Year Party (GA)
 3:00 Daily Chronicles (GL)
 3:00 Daily Devotion (GL)
 3:30 Room Exercise (Ch 970)

9:30 Daily Chronicles (GL) **30**
 9:45 Daily Devotion (GL)
 10:00 Scrapbooking Club for January (GA)
 10:30 Room Exercise (Ch 970)
 1:00 Exercise with Programming Staff (GA)
 3:00 IN2L Balloon Pop Game (GA)

9:30 Daily Chronicles (GL) **31**
 9:45 Daily Devotion (GL)
 10:00 Chair One Exercise with Katie (GA)
 10:30 Ring Toss (GA)
 10:30 Room Exercise (Ch 970)
 1:00 Hot Chocolate Bar (GA)
 3:00 Let's Build a Snowman using clay (GA)
 3:30 Room Exercise (Ch 970)

